

East Wales Road Championship 2009

Senior Men		Griff 10k	Senic Drive 7	Brecon 10	Elan Valley 10	Total Pts
M Harvey	Chepstow	50		48		98
P Matthews	Swansea			50		50
L Humphries	Fairwater			49		49
D Barnby	Fairwater			47		47
J Butcher	Lliswerry			46		46
M Welsh	Griffithstown			45		45
R Lloyd	Fairwater			44		44
Masters 35						
M Gurmin	Swansea	50		50		100
R Smout	Lliswerry			49		49
S Morgan	Croft Ambery	49				49
T Guy	Griffithstown			48		48
N Walsh	Griffithstown	48				48
Masters 40						
D Harris	Lliswerry	49		48		97
H Harnett	Islwyn	48		47		95
P Harris	Lliswerry	46		45		91
A Williams	Fairwater	47		44		91
P Thomas	Caerleon	45		42		87
A Spencer	Fairwater	43		41		84
G Woods	Fairwater	40		37		77
R Bowie	Fairwater	39		36		76
S Thomas	Islwyn			50		50
C Harry	Lliswerry	50				50
S Simms	Griffithstown			49		49
D Vorres	Griffithstown			46		46
K Wehden	Islwyn	44				44
A Dawe	Lliswerry			43		43
T Reese	Lliswerry	42				42
J Pocknell	Caerleon	41				41
J Williams	Fairwater			40		40
I Wade	Chepstow			39		39
T Weirthiern	Ebbw Vale			38		38
Masters 50						
S Davies	Griffithstown	50		50		100
B Savage	Chepstow	46		47		93
P Dursley	Lliswerry	44		48		92
C Carter	Lliswerry	43		46		89
P Rodger	Griffithstown			49		49
K Grey	Fairwater	49				49

C Jones	Lliswerry	48		48
C Davies	Lliswerry	47		47
H Attwood	Lliswerry		45	45
M Davies	Caerleon	45		45
L Sutton	Islwyn		44	44

Masters 60+

D Smout	Parc B Bach	50	50	100
G Bayliss	Chepstow	49	47	96
D Finch	Chepstow		49	49
S Wheeler	Chepstow	48		48
C Cooksey	Parc B Bach		48	48
P Payton	Islwyn		46	46